Cal State Dominguez Hills Visiting Team Guide 2008-09

CSUDH ATHLETICS DEPARTMENT

(Men's Soccer - 2006 & 2007 CCAA Champions)

"A DEPARTMENT IN THE DIVISION OF STUDENT AFFAIRS"

A Toros Welcome

On behalf of our coaches and student-athletes, the Cal State Dominguez Hills Athletics Department would like to welcome you to Cal State Dominguez Hills, home of the Toros.

We look forward to your visit and our athletic competition with your university, and intend to make your stay both pleasant and memorable.

California Collegiate

Inside this guide, you'll find a great deal of information relating to our campus. These include area hotels and restaurants, gameday parking information for teams and officials, ticket policies and much more.

If you have any questions, please feel free to contact the appropriate staff member in the Division of Intercollegiate Athletics. We are located in the Hughes Education and Athletic Center, which is directly across from the tennis courts on Toro Center Drive.



Patrick Guillen Cal State Dominguez Hills **Director of Athletics**

Go Toros!

TABLE OF CONTENTS

Welcome
Table of Contents
University & Staff Directory 3
Emergency Information3
About Cal State Dominguez Hills4
History
Enrollment4
Academic Organizations
Housing
Athletics
Directions to Cal State Dominguez Hills5
CSUDH Campus Map6
Hotels / Transportation7
Food / Restaurants
Points of Interest
Malls8
Amusement Parks8
Golf Courses
Toros Information
Web Pages
Local Media Outlets8
Ticket Prices
Training Room Information
Parking Information
The Home Depot Center11

AND



University & Athletics Staff Directory

Cal State Dominguez Hills - 1000 East Victoria Street, Carson, California 90747

PresidentDr. Mildred García Vice President for Student AffairsDr. Boice Bowman

Athletics Administration

Email (@csudh.edu)

Phone

			/
Director of Athletics	Patrick Guillen	pguillen	
Business Manager	Theresa Cuarenta	tcuarenta	
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Interim Head Athletic Trainer	Tim McGuire	tmcguire	
Assistant Sports Information Director	Tom Weed	tweed	
Marketing/Promotions Coordination	Tiffany Bull	tbull	
Interim Assistant Athletic Trainer	Lyndsay Kokoczka .	lkokoczka	
Facilities Coordinator	Max Ward	mward	
Faculty Athletics Representative	Dr. Sohaila Shakib	sshakib	
Athletics Department FAX			
Sports Information FAX			

Head Coaches

Baseball	. Murphy Su'a	. msua	. 310.243.3765
Men's Basketball	. Damaine Powell	. dpowell	. 310.243.3891
Women's Basketball	. Van Girard	. vgirard	. 310.243.2211
Women's Cross Country	. Warren Edmonson	. wedmonson	. 310.243.3878
Men's Golf	. Dr. John Johnson	. jljohnson	. 310.243.3555
Men's and Women's Soccer	. Joe Flanagan	. jflanagan	. 310.243.2221
Softball	. Jim Maier	. jmaier	. 310.243.3889
Women's Track & Field	. Warren Edmonson	. wedmonson	. 310.243.3878
Volleyball	. Scott Davenport	. sdavenport	. 310.243.2222

Emergency Information

Campus Police		310.243.3639
Torrance Memorial Hospital	. 3330 W. Lomita Blvd., Torrance	310.325.9911
	(*West on 190th/Victoria; L - Crenshaw; R - Lomita)	10
Martin Luther King, Jr. Hospital	. 12021 S. Wilmington Ave., Los Angeles	213.603.4321
	(*North on Avalon; R - Rosecrans; L - Wilmington)	Contract of the
Little Company of Mary	. 4101 Torrance Blvd., Torrance	310.540.7676
1000-1	(*West on 190th/Victoria; L - Hawthorne; R - Torrance)	C. Law
Long Beach Memorial Hospital	. 2801 Atlantic Ave., Long Beach	562.933.2000
	(*405 South; Exit - Atlantic; R - Atlantic)	
Kaiser	. 25825 S. Vermont Ave., Harbor City	310.325.5111
	(*405 North; 110 South; Exit - PCH; R - PCH; L - Norman	ndie)
		and the second sec

* Directions are from the CSUDH campus

www.GoToros.com

About Cal State Dominguez Hills

History: California State University, Dominguez Hills is located on the historic Rancho San Pedro, the oldest Spanish land grant in the Los Angeles area. Its 346-acre campus was in the continuous possession of the Dominguez Hills family through seven generations, from its concession to Juan Jose Dominguez in 1784 to its acquisition by the people of the state for the University.

The Legislature of the state of California authorized the establishment of this University in 1960, and the first students were enrolled in the fall of 1965. The campus is strategically located in the heart of a major technological, industrial and transportation complex. Moreover, it is central in a population that is international and multi-ethnic, and the people of this area are genuinely heterogeneous; cultural pluralism is a major characteristic of the University. At the same time, there is a continuing focus on the Hispanic heritage of California.

Enrollment / Academic Schools and Colleges: It is home to more than 12,000 students in six colleges: College of Liberal Arts, College of Education, College of Health and Human Services, College of Business Administration and Public Policy, College of Natural and Behavioral Sciences and College of Extended and International Education.

Housing: There are furnished apartments located on the northeast corner of campus. The gated complex includes 32 one-bedroom, 72 two-bedroom and 60 three-bedroom apartments. There are also recreation and meeting rooms, study lounges, laundry rooms, volleyball courts, a weight room and picnic area. Convenient residential parking partially surrounds the complex. As a service to students seeking off-campus housing accommodations, the Housing Office keeps a listing of local houses, apartments, rooms and "room-in-exchange for service rendered." Students who seek off-campus housing accommodations are encouraged to visit the office to review the current listings.

Athletics: The CSUDH Athletics Program has built a national reputation for athletic and academic achievement. The Toros compete nationally at the National Collegiate Athletic Associate (NCAA) Division II level and are a member of the California Collegiate Athletics Association (CCAA) Conference, which is recognized nationally as the "Premier Intercoegiate Athletic Association" in NCAA Division II. Additionally, CSUDH boasts the state-ofthe-art Home Depot Center and a new 3,000-seat soccer stadium, which made its debut in fall of 2003.

CSU Dominguez Hills sponsors 11 intercollegiate athletics teams which serve approximately 200 studentathletes in the fall (men's and women's soccer, cross country, volleyball), winter (men's and women's basketball, indoor track and field) and spring (baseball, softball, outdoor track and field and golf) seasons.

In 2007-08, the men's soccer team claimed its second-consecutive and unprecented eighth overall CCAA Championship, while women's soccer, men's basketball, softball and outdoor T&F all qualified for the post-season. In addition, the Toros took home 1 CCAA Team Championship, 1 CCAA Individual Championship, 4 All American honors, 4 CCAA Newcomer of the Year awards, 4 NCAA postseason appearances, 11 All-Region honorees, 30 All–CCAA selections, and 13 Player / Pitcher of the Weeks, not to mention a higher overall GPA than that of the CSUDH student body.

In 1991, the Toros women's soccer program became the first team in CSU Dominguez Hills' history to capture an NCAA National Championship, defeating Sonoma State on Toro Field, 2-1. Nine years later, the Toros men's soccer team won its first NCAA National Championship by besting Barry University in four overtimes, 2-1.

Although these were the first NCAA titles for CSU Dominguez Hills, Toros sports programs have earned distinction nationwide with regular postseason appearances and top-20 finishes.

A source of even greater pride than the Toros' considerable athletic achievements has been the success of Toros student-athletes in the classroom. CSU Dominguez Hills athletics has produced three Rhodes Scholar candidates and two Rhodes Scholar finalists since 1987. Toros student-athletes have been represented on the GTE Academic All-America teams for nine of the past 11 years and have won two prestigious Woody Hayes Scholar Athlete Awards, making CSU Dominguez Hills one of just two schools in the nation with multiple award winners.

Directions to Cal State Dominguez Hills



From Anaheim

5 North - Follow the Santa Ana Freeway (5) North to the Artesia Freeway (91) West, heading towards Redondo Beach. Take the Central Avenue exit and turn left. Turn right onto Victoria Street. The campus is a left turn at Tamcliff.

From Los Angeles Civic Center

110 South - Follow the Harbor Freeway (110) South to the Artesia Freeway (91) East, exiting on Avalon Blvd. Turn left on Avalon heading South (light). Turn left onto Victoria Street. The entrance to campus is a right turn at Tamcliff Avenue.

<u> From LAX / San Fernando Valley</u>

405 South or 101 East - Follow the San Diego Freeway (405) South towards Long Beach. Exit at Vermont Avenue. Turn left (heading East) at the end of the off-ramp onto 190th Street. Follow 190th Street for approximately two miles (it turns into Victoria Street). The entrance to campus is a right turn at Tamcliff Avenue.

From San Bernardino

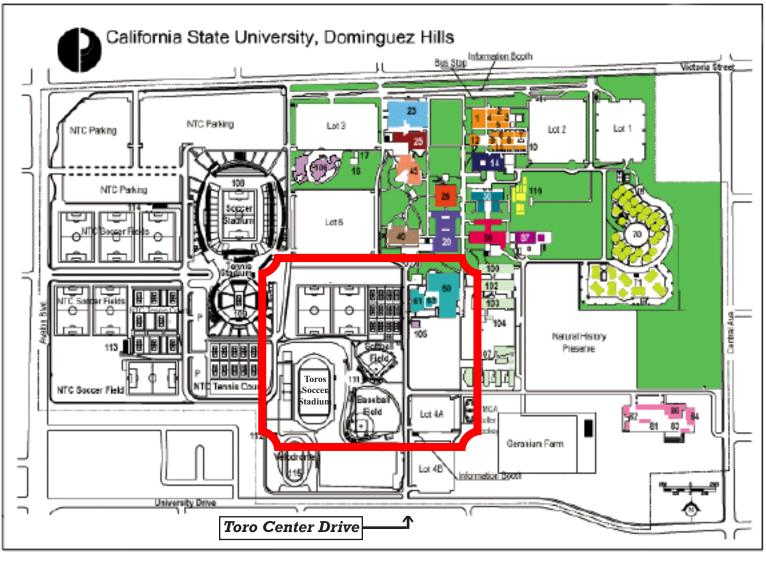
10 West - Follow the San Gabriel Freeway (605) South. Take the Artesia Freeway (91) West, heading towards Redondo Beach. Take the Central Avenue exit and turn left. Turn Right onto Victoria Street. The campus entrance is a left turn at Tamcliff.

From Santa Monica

10 East - Follow the Santa Monica Freeway (10) East to the San Diego Freeway (405) South, heading towards Long Beach. Exit at the Vermont Avenue. Turn left (East) at the end of the off-ramp onto 190th Street. Follow 190th Street for approximately two miles to the campus (it turns into Victoria Street.) The entrance to campus is a right turn at Tamcliff Avenue.

<u> From Long Beach / Orange County / San Diego</u>

405 North - Follow the San Diego Freeway (405) North towards Los Angeles to the Avalon Blvd. (North) offramp. Take Avalon Blvd. North (right) to Victoria Street. Turn right onto Victoria Street. The entrance to campus is a right turn at Tamcliff Avenue. Campus Map



Facilities Legend

- 1. (SCC-1) SMALL COLLEGE BLDG. 1
- 2. (SCC-2) SMALL COLLEGE BLDG. 2
- 3. (SCC-3) SMALL COLLEGE BLDG. 3
- 4. (SCC-4) SMALL COLLEGE BLDG. 4
- 5. (SCC-5) SMALL COLLEGE BLDG. 5
- 6. (SCC-6) SMALL COLLEGE BLDG. 6
- 7. (SCC-7) SMALL COLLEGE BLDG. 7
- 8. (SCC-8) SMALL COLLEGE BLDG. 8
- (SCC-9) SMALL COLLEGE BLDG. 9
 (SCC-10) SMALL COLLEGE BLDG. 10
- 10. (SCC-10) SWALL COLLEGE BLDG. 10 11. (SCC-11) SMALL COLLEGE BLDG. 11
- 12. (SCC-12) SMALL COLLEGE BLDG. 12
- 14. (SOE) SCHOOL OF EDUCATION
- 16. NTC CONSTRUCTION OFFICES
- 17. NTC CONSTRUCTION OFFICES
- 20. (ERC) EDUCATIONAL RESOURCE CENTER
- (WH) JAMES L. WELCH HALL
 (SHC) STUDENT HEALTH CENTER
- 26. (USU) DONALD P. AND KATHERINE B.
- LOKER UNIVERSITY STUDENT UNION
- 30. (SBS) SOCIAL AND BEHAVIORAL SCIENCES

- 40. (LCH) LACORTE HALL
- (UT) UNIVERSITY THEATRE
 (NSM) NATURAL SCIENCES AND
- MATHEMATICS 60. TORODOME (VOLLEYBAI

TORODOME (VOLLEYBALL & MEN'S / WOMEN'S BASKETBALL) S.I.D. & COACHES OFFICES

63. (SP) SWIMMING POOL

- (SP) SWINING FOOL
 (SH-1) PUEBLO DOMINGUEZ
 (STUDENT RESIDENCES)
- 71. (SH-2) STUDENT HOUSING 2
- 80. (PP) PHYSICAL PLANT
- 81. PHYSICAL PLANT SHOPS
- 82. PHYSICAL PLANT VEHICLE MAINTENANCE
- 83. UNIVERSITY WAREHOUSE
- 84. PHYSICAL PLANT WAREHOUSE
- 87. (CP) CENTRAL PLANT
- 100. (SAC-1) SOUTH ACADEMIC COMPLEX 1
- 102. (SAC-2) SOUTH ACADEMIC COMPLEX 2
- 103. (SAC-3) SOUTH ACADEMIC COMPLEX 3

104. (CLB) CALIFORNIA ACADEMY OF MATHEMATICS AND SCIENCE LABORATORIES

105. HUGHES ATHLETICS AND EDUCATIONAL CENTER

- 106. (EXE) EXTENDED EDUCATION
- 107. (CAMS) CALIFORNIA ACADEMY OF MATHEMATICS AND SCIENCE
- 108. NTC SOCCER STADIUM
- 109. NTC TENNIS STADIUM
- 110. NTC ADMIN/SPORTS SUPPORT
- 111. BASE/SOFTBALL STORAGE112. FIELD & TRACK STORAGE/RESTROOMS
- 113. NTC TENNIS STORAGE & RESTROOM
- 114. NTC SOCCER STORAGE AND RESTROOM
- 115. (VEL) 250 METER VELODROME
- 116. (EAC) EAST ACADEMIC COMPLEX BLDG. 1 TO 10 CLASSROOMS & OFFICES BLDG. 11 TO 13 INFANT TODDLER & CHILD DEVELOPMENT CENTER

Hotel / Transportation

The <u>Torrance Holiday Inn</u> and <u>DoubleTree Hotel Carson Civic Plaza</u> are proud to be the preferred hotel headquarters to Cal State Dominguez Hills Athletics and each is located within two (2) miles of the CSUDH campus. Please identify yourself as a team competing at CSUDH when making reservations to receive a special team rate.

<u>Enterprise Rent-A-Car</u> is proud to be the official CSUDH rental car company. Please identify yourself as a team competing at CSUDH when making reservations to receive a special team rate for cars and vans.

Torrance Holiday Inn 19800 So. Vermont Ave. Torrance, CA 90502 Contact: Dorcus Lam (310) 619-2534

Enterprise Rent-a-Car 17120 S. Main Street Gardena, CA 90248-3128 Contact: TBA (310) 327-7800 (310) 327-7890

DoubleTree Hotel Carson Civic Plaza 2 Civic Plaza Drive Carson, CA 90745

Contact: Bess Cruz (310) 513-7545

FOOD / RESTAURANTS

Back Home in Lahaina (Hawaiian) (310) 835-4014 519 E. Carson Street Carson, CA 90745

Chili's (310) 516-1180 20760 Avalon Blvd. Carson, CA 90746

Chong's Restaurant (Chinese) (310) 327-4866 18415 Avalon Blvd. Carson, CA 90746

Columbia Burger (310) 635-3663 17601 S. Central Ave. Carson, CA 90746

Denny's (310) 532-6106 600 E. Carson Plaza Drive Carson, CA 90746 **Domino's Pizza** (310) 516-9800 633 E. University Dr. Carson, CA 90747

Flame Broiler (310) 635-2188 17535 Central Ave. Carson, CA 90746

Hong Kong Express (Chinese) (310) 719-8832 671 E. University Drive Carson, CA 90746

One Civic Plaza Deli (310) 518-7977 1 Civic Plaza Drive, Suite 270 Carson, CA 90745

Paradise Restaurant & Bar (310) 324-4800 889 W. 190th Street Gardena, CA 90248 *Sizzler* (310) 532-5697 20755 Avalon Blvd. Carson, CA 90746

Tony Roma's (Barbeque) (310) 329-5723 20720 Avalon Blvd. Carson, CA 90746

Tummy Stuffer (Sandwiches) (310) 639-2895 17625 S. Central Ave. Carson, CA 90746

Approx. 1/2 mile from CSUDH: 7-11 Convenience Store Big Burger Carls Jr. Crown Drug Store KFC McDonald's Ralph's Supermarket

Points of Interest

Malls

Carson Mall 20700 Avalon Blvd. Carson, CA 90746 (310) 327-4822

Galleria at South Bay 1815 Hawthorne Blvd. Redondo Beach, CA 90278 (310) 371-7546

Del Amo Fashion Center Hawthorne Blvd. #3 Torrance, CA 90503 (310) 542-8525

Amusement Parks

Disneyland 1313 S. Harbor Blvd. Anaheim, CA 92802 (714) 533-6840

Knott's Berry Farm 8039 Beach Blvd. Buena Park, CA 90620 (714) 220-5200

Go Kart World 21840 Recreation Rd. Carson, CA 90745 (310) 834-3800

Mulligan Fun Center 1351 Sepulveda Blvd. Torrance, CA 90501 (310) 325-3950

Golf Courses

Dominguez Golf Course / Practice Center 19800 Main Street Carson, CA 90745 (310) 719-1942

Victoria Golf Course 340 E. 192nd Street Carson, CA 90746 (310) 323-6981

Los Verdes Golf Course 7000 Los Verdes Drive Rancho Palos Verdes, CA 90275 (310) 377-7370 (310) 377-7888

Wedia Information

Toros Sports Hotline (310) 243-3174 **Soccer Press Box** (310) 630-4048 / 4049 **Basketball Courtside** (310) 516-3325

Web Pages:

CSUDH <u>www.csudh.edu</u> CSUDH Athletics <u>www.GoToros.com</u> CCAA <u>www.goccaa.org</u> NCAA <u>www.ncaa.org</u> Los Angeles Times Main Edition Times-Mirror Square Los Angeles, CA 90053 (800) 528-4637 X77145 Fax: (210) 237-7876

South Bay Daily Breeze 5215 Torrance Blvd. Torrance, CA 90509 (310) 540-4201 Fax: (310) 540-3067

Long Beach Press Telegram 604 Pine Avenue Long Beach, CA 90844 (562) 499-1388 Fax: (562) 437-8914 Gardena Valley News

16417 S. Western Avenue Gardena, CA 90247 (310) 329-6351 Fax: (310) 329-7501

USA Today

7950 Jones Branch Drive McLean, VA 22108 (703) 854-5630 Fax: (703) 854-2034

Ticket Prices / Training Room Information

The Toros athletic competitions take place in the 4,200-seat Torodome gymnasium for women's volleyball and men's and women's basketball, the 3,000-seat Toro Stadium for men's and women's soccer, Toro Field for baseball and Toro Diamond for softball. Additionally, other facilities are available for use including 12 on-campus tennis courts, a weight room, an outdoor track and an Olympic size swimming pool.

Ticket Prices

All regular season ticket prices are as follows unless otherwise stated:

Adults	.\$5.00
Regular Student Admission	.\$3.00
Senior Citizens	.\$3.00
	1
CSUDH Student w/ I.D	.FREE
Children 12 & Under	.FREE

*Note that these admission rates are applicable only to regular season home Toros athletic events, and that ticket prices are not valid for postseason or an NCAA controlled athletic event.

Contact the Sports Information Office at (310) 243-3764 for more information.

Athletic Training Room

The Toros Athletic Training Room is located in the Torodome, adjacent to the floor. Entrance to the training room is available through the gym's most northwest doors.

The athletic training room opens two (2) hours prior to competition. Visiting teams are welcome to come in for any treatment and taping needs. If an athletic trainer will not be traveling with your team, please send a fully stocked athletic training kit and notify the Cal State Dominguez Hills head athletic training staff in advance so proper coverage can be arranged. If therapeutic modalities other than ice or moist heat are needed, written protocol from your team's certified athletic trainer must be sent for each individual student-athlete.

The following sports medicine items will be available for use by the visiting team:

- 1. Water and cups on the bench (water bottles if requested prior to gameday)
- 2. Cooler of ice with bags on the bench
- 3. Biohazard containment materials at or near the bench
- 4. Emergency equipment (crutches, splint kits, stretcher)

Additional requirements and requests must be made to CSUDH's certified athletic trainer.

www.GoToros.com

Parking Information

Parking regulations at Cal State Dominguez Hills are enforced 24 hours a day, six days a week. There is no charge for parking on Sunday; however, **all parking rules and zone restrictions must be adhered to seven days a week** or vehicles will be cited by campus police.

Team

Team buses, van or vehicle parking is available in Lot 4. This lot is located just off University Drive, east of the baseball field. During normal hours, parking passes can be picked up for team vans or vehicles from the information booth in Lot 4. The information booth is open on Monday - Thursday (8a-8p), Friday (8a-4p) and Saturday (8a-12 noon). If your arrival to campus will be outside of booth hours, please inform the appropriate CSUDH head coach so he can make arrangements to meet you upon your arrival.

Vehicles are prohibited from parking in "Loading" or "30 Minute" parking areas. Failure to adhere to University parking rules will result in citations by campus police.

Officials / Referees / Umpires

All officials / referees / umpires are requested to park in Lot 4. This lot is located just off University Drive, east of the baseball field. During normal hours, parking passes can be obtained from the information booth in Lot 4. The booth is open on Monday - Thursday (8a-8p), Friday (8a-4p) and Saturday (8a-12 noon).

After securing a parking pass through the head coach of your specific sport and ensuring the pass will be at the Lot 4 parking booth, inform the booth of your role for your event and you will receive the pass. Please note that parking in any of the campus parking lots without a pass will result in your vehicle being cited. Passes can be purchased from the "yellow" automated machines located in every parking lot on campus for a fee of \$4.00.

Media

Free and convenient parking can be arranged for all media. However, parking requests must be made 48 hours in advance. Parking directions will be given when members of the media call to make parking reservations.

Marked Zones

- BLUE zones are for Handicapped (Disabled) parking only and are enforced 24 hours a day.
- RED zones prohibit parking at any time.
- GREEN zones are for 30 minute parking only.
- YELLOW zones are reserved for the loading and unloading for a period not to exceed 30 minutes.
- Other "marked" parking spots (i.e., carpool, faculty/staff, etc.) require special permits.

Vacant Information Booth

If no one is at the information booth upon your arrival, please contact your respective head coach.

Please honor all zone and parking rules. Failure to do so will result in citations by campus police. Parking Enforcement - 310.243.3725

THE HOME DEPOT CENTER

As a result of a partnership between AEG and Cal State Dominguez Hills, the \$120 million Home Depot Center opened on the campus of CSUDH in 2003, making the 85-acre site in Carson, CA, not only the premiere "sports campus" in the United States, but one of only three venues in the nation that serves as a National Training Center for United States athletes. Housing both professional and amateur athletics, this investment signals the beginning of a new era for sports in southern California.

And it's all right here at Cal State Dominguez Hills.

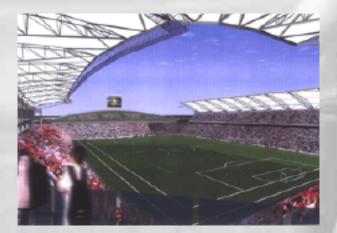
This is the Home Depot Center

- Newly renovated Toros facilities including Toro Stadium, Toro Field, Toro Diamond, 36 on-campus tennis courts and the University's track & field facilities.
- A 27,000-seat soccer stadium that is the new home to the MLS Los Angeles Galaxy and Chivas USA
- New permanent training home to the U.S. Soccer Federation
- A 13,000-seat tennis stadium
- The ADT Event Center, including the only indoor velodrome in North America, which made its debut this past summer



Here's what they've said

- Former CSUDH President James E. Lyons, Sr. "The Home Depot Center will put the University on the map. It will attract the attention of people throughout the nation and the world to our university; not simply because of the soccer facility or the tennis facility, but due to the fact that a premier training facility in the United States is on our campus. It will also attract new students, and bring a group of private sector friends to our campus that we have not been in touch with."
- AEG President Timothy Leiweke "With the vision of Dr. Lyons and our partners at the University ... there is no doubt in my mind that these facilities will create Olympic athletes and host world-class events. It will change amateur and professional sports not just in southern California but also in the United States for years to come."





* Information courtesy of AEG: Groundbreaking Announcement (2/26/02)

www.GoToros.com